

2nd Obstructive Sleep Apnea Symposium

Saturday, August 23, 2025 | 7:00 AM – 1:20 PM

Systemic Manifestations and Current Management of Sleep Apnea

7:00 – 7:55 am	Registration & Breakfast	SSOM 160, 1st floor
7:55 – 8:00 am	Welcome Remarks Sunita Kumar, MD, FCCP, FAASM Department of Medicine (Pulmonary, Critical Care & Sleep) LUMC	SSOM 360
8:00 – 8:30 am	"Epidemiology/Socioeconomic Impact of OSA" Abid Khurshid, MD, FCCP Department of Medicine (Pulmonary, Critical Care & Sleep) LUMC	SSOM 360
8:30 – 9:00 am	"Sleep Apnea, Oxidative Stress and Eye Disease" Charles Bouchard, MD, MA Department of Ophthalmology, LUMC	SSOM 360
9:00 – 9:30 am	"Sleep Apnea in Neurologic Disorders" Rukmaiah C. Bhupalam, MD, FAAN Department of Neurology, LUMC	SSOM 360
9:30 – 10:00 am	"OSA and Depression" Edwin S. Meresh, MD, MPH, FACLP Department of Psychiatry and Behavioral Neurosciences, LUMC	SSOM 360
10:00 – 10:30 am	"Anesthetic implications of obstructive sleep apnea" Lenney Kizhakepunnur, MD Department of Anesthesiology and Perioperative Medicine, LUMC	SSOM 360
10:30 – 11:15 am	"Obstructive Sleep Apnea and Stroke" Shahrokh Javaheri, MD, FCCP, FAASM Division of Pulmonary, Critical Care and Sleep Medicine, University of Cincinnati	SSOM 360
11:15 – 11:45 am	Break: Poster Viewing, Networking, and Refreshments	SSOM 160, 1st floor
11:45 – 12:15 pm	"Pharmacotherapy as an alternative to CPAP for treatment of OSA" Sunita Kumar, MD, FCCP, FAASM Department of Medicine (Pulmonary, Critical Care & Sleep) LUMC	SSOM 360
12:15 – 12:45 pm	"An Overview of Surgical Options in Treating Obstructive Sleep Apnea" Steven J. Charous, MD, FACS Department of Otolaryngology – Head and Neck Surgery, LUMC	SSOM 360
12:45 – 1:15 pm	"Oral Appliances for treatment of OSA" Elizabeth Kalliath, DDS	SSOM 360
1:15 – 1:20 pm	Closing Remarks Charles Bouchard, MD, MA Department of Ophthalmology, LUMC	SSOM 360

Loyola University Chicago
Stritch School of Medicine (SSOM)
2160 S. First Ave., Maywood, IL 60153
Seminar: Room 360 Registration;
Breakfast & Posters: Room 160

Up to 5 CME credits
Available (\$75 fee)

Scan to register



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